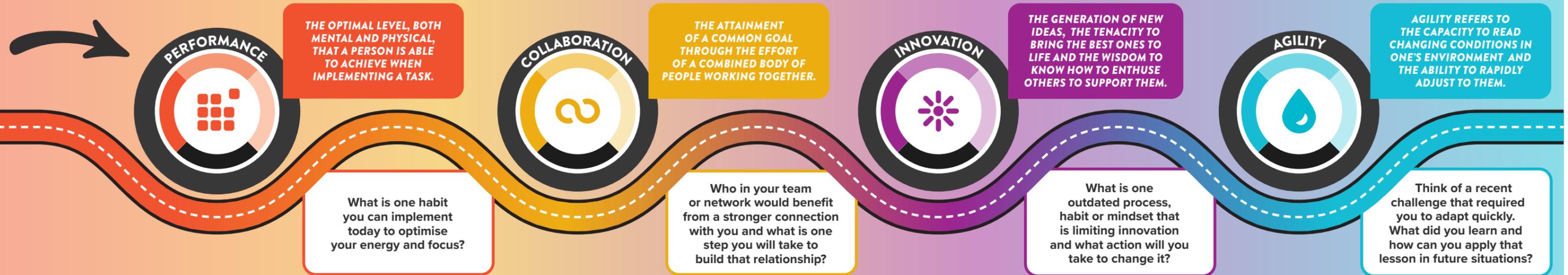


THE i4 NEUROLEADER™ ROADMAP

A TOOL FOR REFLECTION & PERSONAL LEADERSHIP ACTION PLANNING

COMPETENCIES



PILLARS

<p>INTEGRATION When do you feel most in sync with your brain, mind, body and spirit, and when do you sense misalignment?</p>	<p>INSPIRATION What truly inspires you and how do you share this inspiration with others?</p>	<p>IMAGINATION When was the last time you let yourself think beyond limits and what came from it?</p>	<p>INTUITION When was the last time you trusted your gut and what did you learn from the outcome?</p>
<p>BALANCE Where in your life do you need more harmony and what small shift could help create it?</p>	<p>COMMUNICATION How do you balance listening and speaking to create meaningful conversations?</p>	<p>DRIVE What excites you to take action, even when there's no immediate reward?</p>	<p>AWARENESS What feedback or signs have you noticed that reveal the effect you have on others?</p>
<p>ETHICS In what ways do your daily actions align with your core values?</p>	<p>GENEROSITY How do you contribute to others in a way that creates value without expecting anything in return?</p>	<p>CURIOSITY What belief or assumption might be limiting your growth and how can you challenge it?</p>	<p>INFLUENCE How can you strengthen your impact to actively shape the world around you, rather than simply responding to it?</p>
<p>MENTAL READINESS How do you prepare yourself to navigate uncertainty and pressure with confidence?</p>	<p>COURAGE What fear is holding you back and what would happen if you faced it?</p>	<p>ATTITUDE How do your mindset and perspective shape innovation around you?</p>	<p>ADAPTABILITY How do you adjust when things don't go as planned, and what helps you stay flexible?</p>

FINAL REFLECTIONS

<p>PERSONAL LEADERSHIP VISION What does success look like for you in your...?</p>	<p>STRENGTHS What natural strengths and existing resources can you leverage to support your growth?</p>	<p>LIMITATIONS How could your emotions or beliefs derail your ability to develop as a leader?</p>
<p>PERSONAL LIFE</p>	<p>PROFESSIONAL LIFE</p>	

